

PLAYER ELIGIBILITY

- Players must be 18 years of age or older.
- At any time during the season, the Rahll Activity Center may request proof of eligibility.
- Before participating, players must complete the Zero Tolerance Waiver and have their picture taken.
- Players may only participate on one team per league.
- Cost will be \$65 per player.
- Teams must have a minimum of 2 players and a maximum of 4 players on their roster.
- Teams must be made up of all women.
- Any player may add onto a team prior to the conclusion of their fourth game, but will pay full price.

GAME FORMAT

- All games will be played in a doubles (2v2) format.
- Teams will switch sides of the court between each game. In the final game, teams will switch sides after one team or player scores 6 points.
- Teams playing with illegal players will result in a forfeit.
- A game will be considered a forfeit if one or both teams are not present or do not have the minimum two players required by 5-minutes after the game is scheduled to begin.
- All games will be self-refereed.
 - a. Teams will call scores before each serve and be responsible for calling the ball “in” or “out”.
 - b. All players are expected to be honest throughout game play.
- All schedules will be posted on our website (www.rahll.org) or you may pick up a copy of your team’s schedule in the Rahll Activity Center office.
 - a. Each season will consist of ten matches per team.
- All matches will be played within a one-hour time period. If time expires before the end of the match, the team currently in the lead will win. If it is a tie when time expires, it will remain a tie.

SCORING & SERVING

- Each game will use the Side-Out scoring method.
 - a. This method means a team shall score a point only when serving.
- A player who is serving shall continue to do so until a fault is made by his/her team.
 - a. In the first serving sequence of a new game, the serve will alternate between teams following the first fault made by a serving team.
 - b. In all subsequent serving sequences, the serve will move to the second player on the serving team following a fault. Once both players on the serving team have served and the plays have resulted in a fault, the serve moves to the opposing team.
 - c. This is called a Side-Out.
- Each game will be played to 11 points. A team must win by 2 points or there will be a cap at 13 points, whichever comes first.

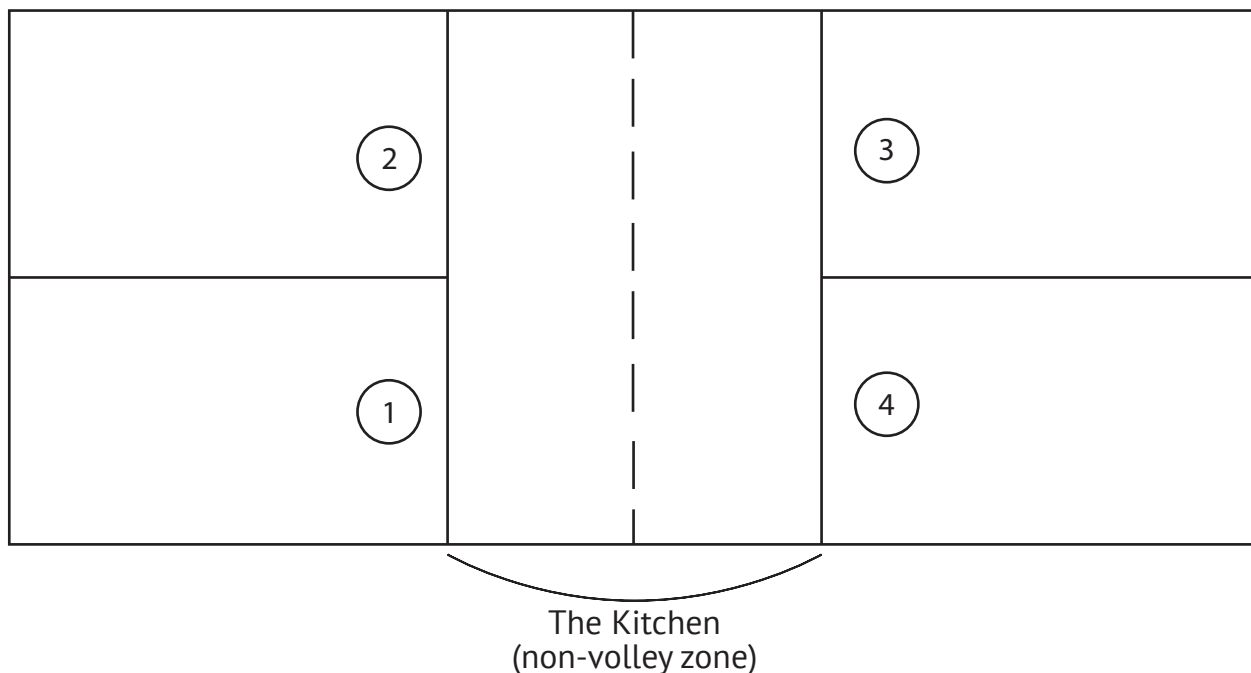
SCORING & SERVING CONT.

- Teams will be responsible for completing their scoresheet for each game. One player from each team must sign off on the scoresheet prior to returning it to Rahll Activity Center staff.
- Serves are to be made diagonally, starting with the right-hand service square and alternating between the right and left service square each serve.
- The serve must clear the seven-foot non-volley zone (also called the kitchen) in front of the net and land in the diagonal service court.
- The server must keep both feet behind the back line when serving.
- All serves must be made underhand.
- All serves may be made on a bounce or may be a drop serve.
 - a. No outside force from your hand can be used to create spin.

VOLLEYS

- A volley means to hit a ball in the air without first letting it bounce.
 - a. In order to volley, the player's feet must be behind the kitchen line.
- The double bounce rule will be in play.
 - a. For every serve, each team must play their first shot off the bounce.
 - b. Once these two bounces have occurred, the ball can either be volleyed or played off a bounce again.

POSITION OF PLAYERS AT NET WHEN VOLLEYING



FAULTS

- A fault is committed when the ball:
 - a. Touches any part of the non-volley zone on the serve, including the line.
 - b. Is hit out of bounds.
 - c. Does not make it over the net.
 - d. Is volleyed from the kitchen.
 - e. Is volleyed before a bounce has occurred on each side to begin a point (double bounce rule).

LEAGUE WINNERS

- League standings will be available on our website (www.rahll.org) throughout the season.
- Following the conclusion of the regular season, the team with the best record will be awarded an end-of-season award.

CODE OF CONDUCT

- The Code of Conduct applies to parents, coaches/volunteers, spectators, parents, contracted employees, officials, and professional staff.
- Profane, obscene, abusive, degrading/threatening language, gestures and/or taunting in the presence of anyone attending a Rahll Activity Center event is prohibited.
- Do not handle a child/participant in an aggressive or abusive manner.
- Any act of violence is prohibited.
- Accept the decision of the game officials as being fair and called to the best of their ability.
- Do not knowingly permit an ineligible player to play in any game.
- Please use good sportsmanship.
- The use of drugs, alcohol, vaping, or tobacco in any form is not permitted while attending any Rahll Activity Center event.
- No firearms or weapons will be permitted at any Rahll Activity Center event.

AT ANY TIME, AT THE SOLE DISCRETION OF RAHLL ACTIVITY CENTER, VIOLATION OF THE CODE OF CONDUCT IS SUBJECT TO SUSPENSION OR EXPULSION FROM OUR PROGRAM.